

Erasmus+ Project "THE WHITE ELEPHANT: INTERVENTION STRATEGIES WITH THE PERPETRATOR OF VIOLENCE"

No: 2021-2-ITO2-KA21O-ADU-OOOO49O57

Training in Sosnowiec city, Poland

Active Women Association

26-27-28 July 2022 + two travel days



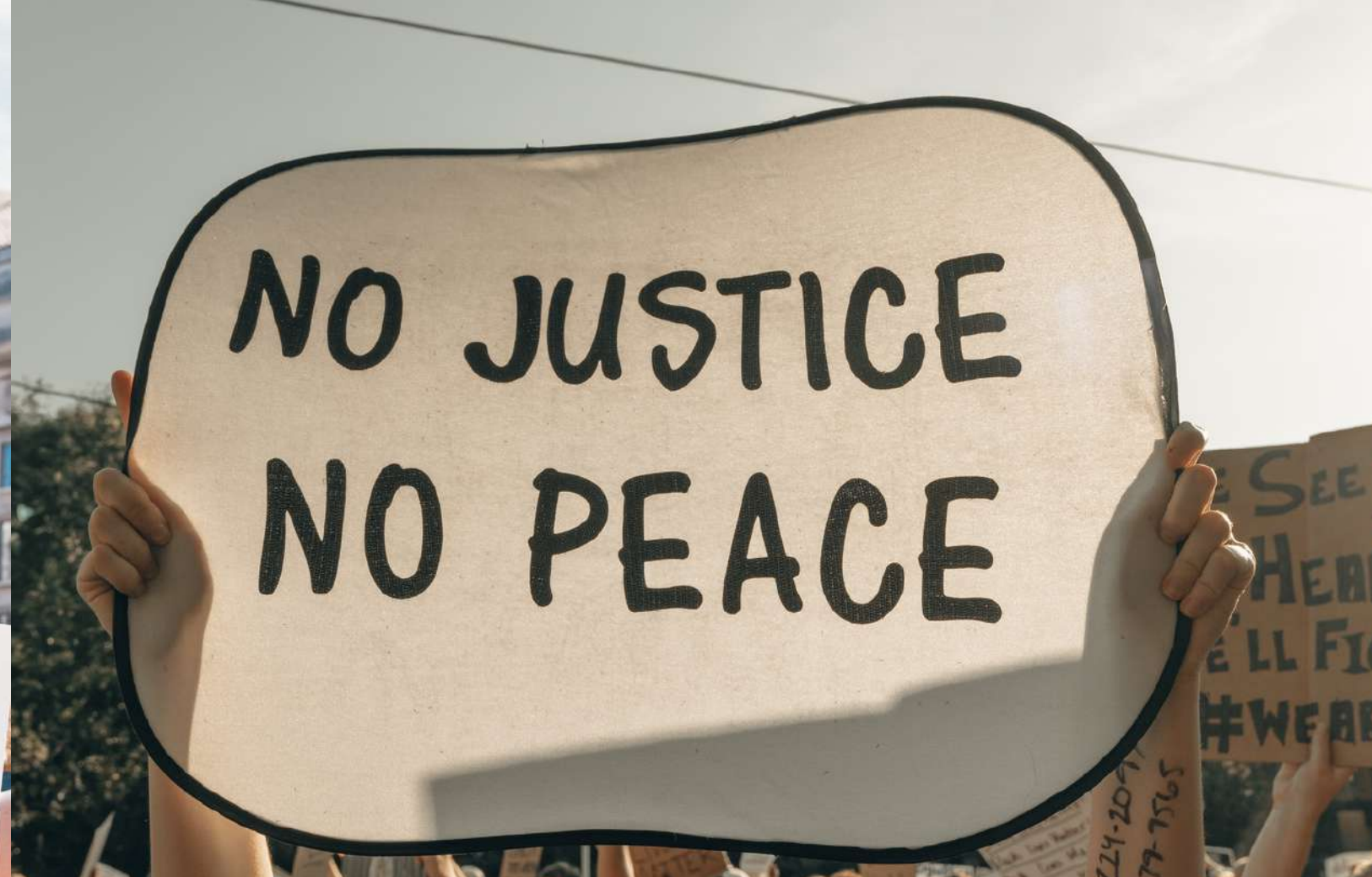
Erasmus+



About project

Project "The White Elephant: intervention strategies with the perpetrator of violence" aims to share, develop, test and implement the know-how of intervention methodologies to combat and prevent domestic and gender-based violence.

Within the project partner organizations from Italy, Poland and Lithuania will present and exchange their actions, methods, approaches and projects involving men's and women's potential and engagement in the prevention of power abuse and gender-based violence.



"White Elephant" project is the cooperation between the following partner organizations:

- 1) Cooperativa L'Elefante (Italy - Applicant)**
- 2) Sirvintos district municipality administration (Lithuania - Partner)**
- 3) Active Woman Association (Poland - Partner)**

The project foresees the realization of 2 transnational meetings and 3 transnational training courses, that will be an incentive for the promotion of learning by men and women of an adequate way to relate to one's partner and children, to relate to oneself, to modify violent attitudes and encourage, where possible, actions restorative by men towards their partners.

During the partner meetings and trainings, there will be time to learn, share experiences, methods and knowledge, introduce our countries and learn about other cultures.

About hosting organization - Active Women Association

Active Women Association /since 2002/ is a non-governmental non-profit organization that acts for social inclusion and empowerment of vulnerable groups /youth, seniors, women/, tolerance, gender equality, and civic participation. Counteracts gender violence, domestic violence and all forms of power abuse.

Main types of actions: non-formal education, social & media campaigns, networking & coalitions, exchange of good practices, lobbying, advocacy, counseling, support services, and grass-root work with the local community/ e.g. manifestations, establishment of Seniors Council, empowerment workshops and art actions/

AWA is involved in social and civic activities to raise awareness of various social issues, e.g intolerance, violence and discrimination.



About hosting organization - Active Women Association

For 12 years we have been engaged in European projects of non-formal education in frames of Erasmus+, LLL Grundtvig and European Solidarity Corps programmes:

Strategic Partnerships of education staff, exchange of experiences with partners, European educational mobilities KA1/ Youth Exchange, Training Courses/, European Voluntary Service, Senior Volunteer Projects, European Solidarity Corps, Erasmus+ Sport Partnerships, Capacity Building in the field of youth.

We are strongly engaged in intercultural activities and intercultural empowerment journeys for women, since for many years we run our projects in North Africa, Asia, Scandinavia and Middle East /Afghanistan/.



About hosting organization - Active Women Association

We cooperate with many organizations worldwide, public institutions /Ministries, municipalities, Regional Councils, support centers/, public and private universities, high schools, the network of alternative and democratic free schools in Poland.

Let's cooperate!

email: youth.awa@gmail.com, WhatsApp: +48602314431

Website: www.aktywnekobiety.org.pl

<https://www.facebook.com/StowarzyszenieAktywneKobiety>

https://www.instagram.com/stowarzyszenie_aktywne_kobiety/






Training agenda

Day 1 /Monday 25/07/22

Arrivals to Poland, Sosnowiec

Dinner at hotel (restaurant 22.00)



Day 2 Tuesday
26 /07/22



09:00-10:00 – Welcome and presentation of participants, ice breakers, the introduction to the training program. Meeting at headquarter of Active Woman Association, Sosnowiec, 3 Maja street 11 (1 st floor – notice! entry from the backyard from Warszawska street 7a)

10.30 – Study visit to "Power of Support Association".

Meeting with Adrian Drdzeń- educator, trainer of psychosocial skills, supervisor, a practitioner working in the approach focused on work with perpetrators, an employee of the Center for Prevention and Psychotherapy of Relationships, collaborator of organizations that support people experiencing domestic violence, President of the Power of Support Association. Author of prevention programs for children and adolescents in the field of violence prevention, addiction prevention and strengthening protective factors.

Address: Sosnowiec, Główna 19 street.



Study visit to "Power of Support Association"

11.00-12.00 – Lecture: "Violence and sources of violence – why do perpetrators use violence?"

12.00-13.30 – Workshop: Analysis of attitudes towards perpetrators of violence
– how to discover and strengthen resources useful for working with perpetrators of violence

13.30-15.00 – Lunch break (place and location will be updated)

15.00-16.00 – Lecture: Actions taken in case of occurrence of violence in the family – Intervention vs. assistance contact in working with a violent person. The role of <Interdisciplinary Teams> in working with violent persons.

16.00-16.20 – Coffee Break

16.20-17.20 – Workshop: Solution-focused approach in working with people using violence
– <solution brief focused therapy>.

Day 2 Tuesday
26 /07/22

Day 2 Tuesday
26 /07/22



17:30- 20.00 - (transport) Walk around Katowice City + Silesian museum visit

Culture ZONE, In the heart of the city, next to the Spodek Sport and Show Arena, is a new and unique area called the Culture Zone. Along with Spodek, it consists of the International Congress Centre, the seat of the new Polish National Radio Symphony Orchestra, and the Silesian Museum. All are architectural gems that have received multiple awards for their unique design. These new buildings, constructed in place of the former Katowice coal mine, have brought a new standard of quality to a revitalized part of the city. Their combined worth, together with road reconstruction, is over a billion Polish zlotys. The realization of these projects was made possible thanks to European Union funds.



The Silesian Museum is a regional museum co-led by the Marshal Office of the Silesia Voivodship and the Ministry of Culture and National Heritage of the Republic of Poland.

inspired by the heritage of Silesia: its intellectual and artistic achievements and its rich multicultural history. Our venue at the former mining site points to the significant role that the industry has played in the region. We have turned the former coal mine into a cultural mine, and, 14 meters below the ground level, have provided access to rich and diverse collections. The depths of the Earth now contain the Gallery of Polish Art 1800-1945, the Gallery of Polish Art after the Year 1945, the Gallery of Silesian Religious Art, and the Gallery of Non-Professional Art, as well as a hugely popular exhibition "The Light of History: Upper Silesia over the Ages." The exhibition of set design for film and theatre: "Laboratory of Space: The Past in the Present" is a truly unique show at Centrum Scenografii Polskiej.

20: 00- 22:00 - dinner in Katowice, Cafe Katowitz, Św. Jana 7, Katowice



Day 3 / Wednesday
27/07/22

9:00 - 10:30 – Meeting in the headquarters of AWA. Session: How do we operate? networking, co-financing, funds... Monika Sobańska, Małgorzata Stronczek / AWA office: 3 Maja Street no 11, Sosnowiec city, 1st floor – notice! entry from the backyard from Warszawska street 7a, this day all meeting are in the AWA headquarter/

10:30- 11:00 – Coffee break

11:00 - 12:00 – "Men's engagement into feminist movements and prevention of gender-based violence – worldwide perspective" – Dagmara Dąbek – Active Women Association, youth activist, student at Silesian University, organizer of the Black Protests in Sosnowiec city.

12:00 - 13:00 – "The problem of sexual violence in public space in Poland: assertive and empowering ideas to support women" – Julia Soroko – illustrator, graphic designer and student at the Katowice Academy of Art, European Solidarity Corps volunteer in Active Women Association. Currently, she is working on her master's thesis about empowering people, especially women, who experience sexual violence in public places.

13:00 -15: 00 – Lunch break

15.00 - 16:00 – Session about EM-Ma emotional intelligence for adults, presentation of Erasmus+ project KA2 output "Manual for emotional management".



16:00- 17:15 – Documentary movie “ Sisters”– 2017, AFG/ PL/ US, Production: Active Women Association within Erasmus+ programme.

SISTERS is a documentary about the incredible strength of women around the world. It is a story of three Afghan sisters – Gaisu, Zohra, and Parastu – their dreams and their fight for freedom. SISTERS touches upon the issue of “sisterhood” – between them as well as between other women whom the main characters have encountered in their lives. The movie conveys the message of “sisterhood”, which is possible between women of the East and West.

The beauty of the oldest sister – Parastu – was a cause of great tragedy for the entire family. When she was 13 she lost her father, who refused to wed his daughter to a local warlord. Parastu spent months disguised as a man defending herself against abduction – day and night, machine gun in hand. Even when she finally managed to run away from her home village, the suffering was not over. Her 6-year-old sister, Gaisu, was then betrothed to the warlord’s son. Gaisu miraculously managed to avoid the forced marriage and emigrated to the USA. She returned only a year ago, despite the danger, to save other women from a similar fate. The youngest sister, Zohra, is also full of grief and wants to “free herself from sorrow”.

Through the history of the three sisters, we learn about the dark and bright sides of the life of women in Afghanistan. Traditional mentality forbids them to work, study, leave the house without their husband or relative, enjoy entertainment, or even visit a doctor. But they still have their resistance strategies and they fight for independence.

In 2016 Active Women Association team traveled to war-torn Afghanistan, where we worked with a group of women-leaders within the “Young women for change” project funded by the European Commission. We saw the lives of Afghan women with our own eyes.

Thanks to our work, the young leaders became UN ambassadors after just 6 months of training and they are constantly receiving international awards for their activity, including the Beyond Sport Award in New York.

Our training, however, was focused not only on educating women-leaders. During our trip we made a documentary entitled SISTERS, depicting a touching story of three Afghan sisters. The movie shows how our support helps these women build their independence, make their voices louder, gain access to education, power, and knowledge, at the same time shaping their new role in the society.

watch





Day 3 / Wednesday
27/07/22

17.15-17.30 – Coffe break

17:30- 19:30 – "New masculinity movement in Poland and its role of prevention of domestic violence".
Meeting with Adam Skrobol and Tomasz Kondzielnik from "The New Warriors" organization.

A. Skrobol runs workshops for fathers and children. T. Kondzielnik is the founder of the organization.
The organization was founded in 2016 as a support for all kinds of men's development movements.

The "New Warriors" is:

- An organization of men in action
- Space to discuss any topic related to new masculinity and men's development
- A platform where men can share their issues, what is important to them and what they are experts in
- Space search for their authentic self in the way that is best for them at the moment
- Space to receive support to grow surrounded by a community of inspiring and understanding men
- Space to be with themselves in a new way – perhaps one that is not readily available daily
- Place for a deep inner change and transcend limiting patterns
- A place to gain practical skills in crafts and working with their hands
- Space to be in touch with their wild nature...

They run various activities designed for men:

- Monthly MEN Circle – 80 meetings behind us 😊
- The group "Path of the Warrior" – 9 meetings in 9 months.
- Workshop for fathers – "It's me, Dad". To introduce men to the idea of Proximity Parenting and parenting in the spirit of Non-Violent Communication.
- Communication workshops – based on NVC.

20:00- 22:00 – Dinner in Sosnowiec

9:30 – Meeting in front of AWA office

10:00 – 13:00 – Meeting in the Social Welfare Center in Sosnowiec, presentation of the social innovation **<Interdisciplinary Teams for prevention of domestic violence>**, presentation of work procedures, approach and good practices in the field of family violence prevention.

<Interdisciplinary Teams> are composed of representatives of:

- organizational units of social assistance
- municipal commission for solving alcohol problems
- police
- education
- health care system
- support organizations
- experts in the field
-

What are the main objectives of the Teams?

- Building a local system of quality care and support for the family and the child in accordance with
- the provisions of the Act on Counteracting Family Violence.
- To synchronize and develop standards for cooperation between representatives of different professional and social groups working and dealing with the problem of violence

13:00 – 15:00 – lunch break

16:00– 17:00 – Evaluation, certificates, next steps/meeting in AWA office/

17:00– 19:00 – HERstory. Trail of relevant women of Sosnowiec, bike tour around Sosnowiec with the guide. The trail is a modern walking-history initiative designed by AWA to restore the memory of women who created, worked in the Sosnowiec area, organized aid for the poor, and founded the first schools and hospitals.

20:00– 22:00 – Dinner in Sosnowiec

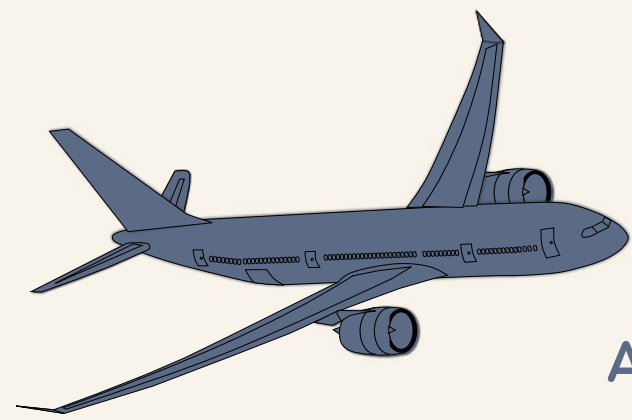


Day 4 /Thursday
28/07/2022



DAY 5 / FRIDAY / 29/07/2022

Departure day



PRACTICAL ARRANGEMENTS

Airports:

1/Airport Katowice-Pyrzowice – the best one; 20 minutes from the city of Sosnowiec
/AWA will arrange the transport from the airport/

2/Cracow – Balice – 1 h from Sosnowiec city /AWA will arrange the transport from the airport/

Participants:

- Each partner organization will send 6 participants to the venue.
- Your sending organization is responsible for buying flight tickets.
- Keep the boarding passes for the project documentation.



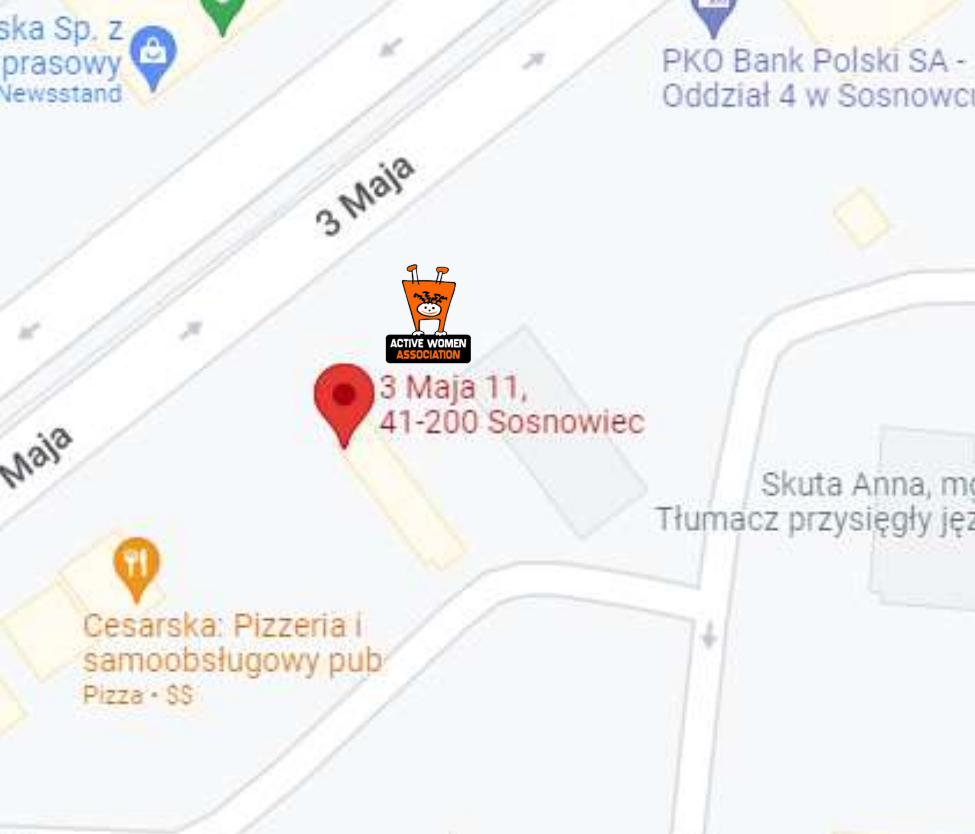
HOTEL

Address: Hotel Centrum Sosnowiec, ul. Modrzejowska/Warszawska 3 (corner) – the hotel is situated 3 minutes from the seat of the Association and 3 minutes from Sosnowiec Main Train Station

<https://hotelcentrumsosnowiec.pl/>.

We have booked double rooms with separate beds for the group in advance.
In the reception tell the name of your sending organization to check-in.





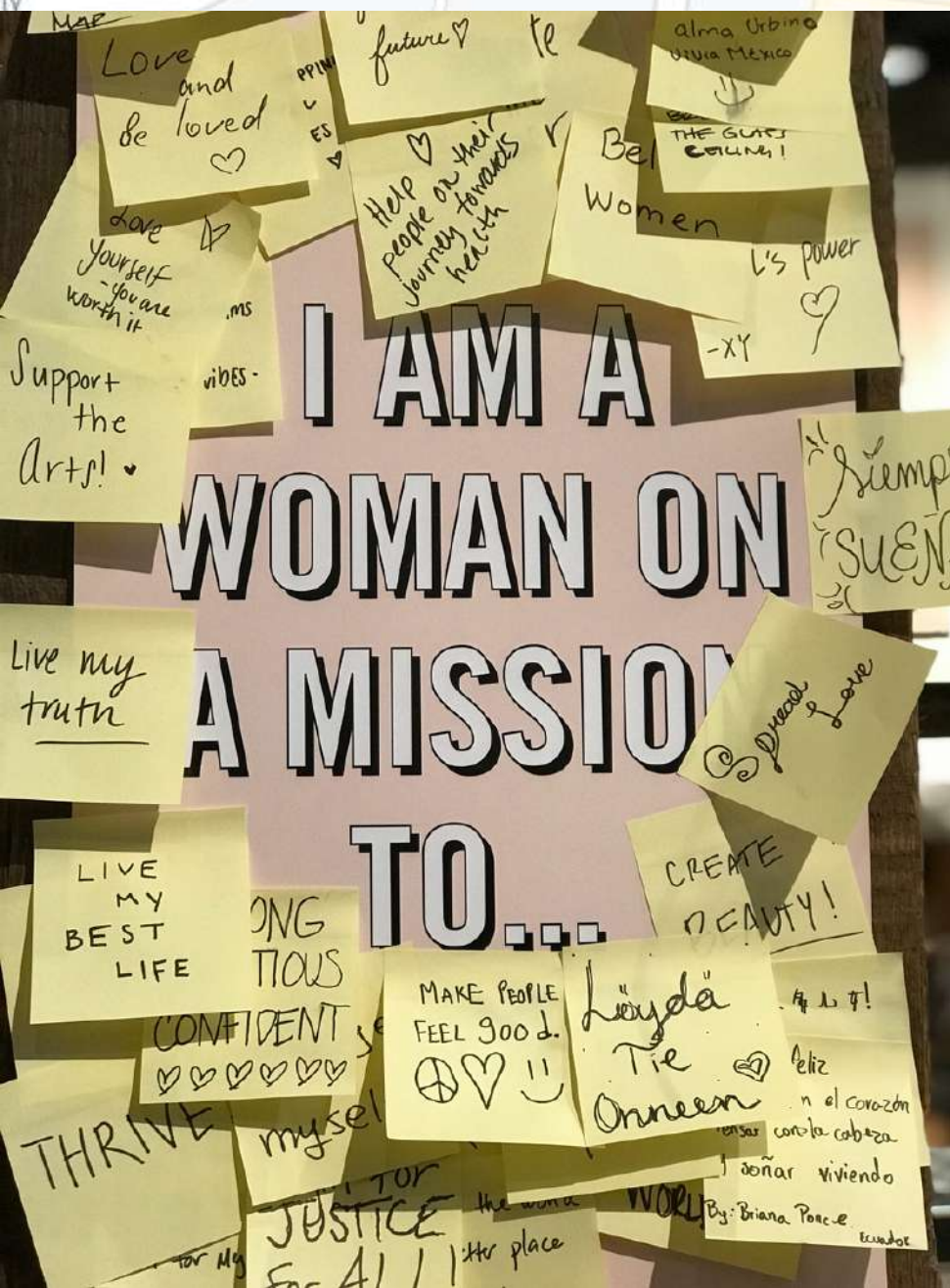
Active Women Association office address

3 Maja street 11, Sosnowiec 41-200
(entry from the backyard,
from Warszawska 7a st.)



Coordinator

Małgorzata Stronczek,
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mob: +48 502535367



Communication

There will be WhatsApp group
created before the meeting.

**All participants are asked
to fill in a travel form.**



Diet

Your dietary choices will be
considered on the spot – you will pick
from the menu what is good for you:)



To bring

Please, bring the
light sport shoes
and a comfortable
outfit for the short
bike tour.